



WRESTLING SUPPLEMENT: 2009-2010

BIG 8 CONFERENCE TEAMS

- Lassen College (Hosted)
- Modesto Junior College
- Sacramento City College
- San Joaquin Delta College
- Sierra College
- Santa Rosa Junior College
- Shasta College (Hosted)

Article 1 GENERAL INFORMATION

Section 1 Conference Eligibility

A. General Guideline

1. All Conference colleges will recognize and abide by the State Athletic Constitution and the decisions of the California Community College League of California and the Commission on Athletics.

B. Eligibility

1. To be eligible to participate in all non-conference and conference contests all student athletes must be registered in classes according to the requirements set forth in the State Athletic Constitution and By-Laws and the Big 8 Conference Constitution and By-Laws.
2. Conferences shall require each college to certify athletic eligibility by submitting Form 1, Student Eligibility, and Form 3, Team Eligibility, to the conference commissioner's office postmarked or emailed prior to the first game, meet, or match. Addendums to Form 3 may be submitted at a later date, but the athletes listed on the addendums are not eligible until the postmarked date.
3. An ineligible player is defined as a player who has not completed or adhered to all the requirements of the State Athletic Constitution and Conference By-Laws.
 - a. Any college that allows an ineligible player to participate in a contest, whether team or individual shall forfeit the contest and/or are subject to disciplinary action by the conference commissioner. Such disciplinary action may include sanctions as described in Article 7.4.3 of the State Athletic Constitution.

- b. During the season of competition, all member colleges shall check the eligibility status of student athletes at a minimum of once per week. Per CCCAA requirements, each student athlete must meet eligibility requirements before competing in any contest.

Section 2 Sport Chairperson

~~A. Elected from among the respective coaches of each men's and women's sport for a term of two years starting July 1. The sport chairperson shall be an appointed position, based on a rotation of the head coaches of the member schools. The term shall be for two years, beginning on July 1. The rotation shall be as follows, beginning July 1, 2009:~~

*Lassen College
Modesto College
Sacramento City College
San Joaquin Delta College
Sierra College
Santa Rosa College
Shasta College*

- B. The duties of the sports chairperson shall be to:
 1. Establish coaches meeting dates in conjunction with the sports administrative representative. The end of season meeting of the conference coaches shall take place immediately after the completion of conference play.
 2. Attend and chair all said coaches' meetings for the purpose of developing a conference schedule, outlining procedures to be recommended to the conference for consideration, developing and modifying the sport supplement, and selecting all-conference and MVP recipients.
 3. Compile a master contest schedule and sports supplement to be forwarded to the sports administrative representative for presentation at the appropriate conference meeting.
 4. Collect league standings, and other relevant information, and communicate them to fellow coaches and the sport administrative representative on a minimum of once per week.

Section 3 Sport Administrative Representative

A. Appointed by the president, in consultation with the conference commissioner, from among the conference assembly athletic directors.

- B. The duties of the sports administrative representative shall be to:
 1. Set coaches' meeting dates in conjunction with the sports chairperson;
 2. Attend all such meetings for the purpose of developing a conference schedule, outlining procedures to be recommended to the conference for consideration, facilitating the development and modification of the sport guide, report all-conference selections and MVP information to the conference commissioner.

C. Present conference contest schedules and sports supplements at the appropriate conference meeting for approval. Fall sport schedules and supplements should be

presented at the regular spring meeting. Spring sport schedules and supplements should be presented at the regular fall meeting.

D. Maintain records of league standings and all other matters pertaining to each sport.

E. Submit a year-end report to the conference commissioner no later than two weeks after the State Championship for that specific sport.

Section 4 Meetings

A. Coaches will meet a minimum of two times each year.

1. ~~Post-conference at~~ *At the completion of conference competition but prior to the completion of state competition.*
2. ~~Off-season-at least 3-weeks~~ prior to the Big 8 Assembly meeting

B. Meeting times and locations should facilitate attendance by all coaches of the Big 8, including hosted colleges.

C. Hosted college will be invited to send representation to the coaches' meetings.

D. The post-conference meeting shall address the following issues:

1. All-conference awards, MVP, etc.
2. Post conference information
3. Completion of statistics
4. Recommendations for substantive Big 8 Sport Supplement changes
5. Input for CCCAA/Big 8 legislative issues
6. Election of next Sport Chair

E. The off-season meeting shall address the following issues:

1. Competitive schedule (complete with dates and times)
2. Specific amendments to the sport supplement
3. Input for CCCAA/Big 8 legislative issues

F. Meeting Logistics

1. One week prior to any meeting, the administrative representative will remind all coaches regarding date, time and place.
2. A quorum for any meeting will be 50% plus one.
3. Coaches must be present to vote.
4. It is the responsibility of the administrative representative to forward any pertinent information from the state coaches association to division coaches whenever appropriate.
5. If a college coach cannot attend a meeting, the coach can get someone else from that college to be present.

Section 5 Sport Supplement Revisions

A. Recommended revisions of the sport supplement shall be finalized and distributed to the

administrative representative for that sport two weeks prior to the scheduled assembly meeting.

1. Fall semester sport supplements shall be presented at the spring conference meeting.
2. Spring semester sport supplements shall be presented at the fall conference meeting.
3. Proposed changes to the sport supplement that affect the competition format and scheduling must be presented 1 full year prior to their proposed implementation.
4. If conference or CCCAA hosting problems occur-must have emergency consent of commissioner.

B. All proposed changes should be provided on a cover sheet attached to the revised sport supplement. The administrative representative shall distribute the cover sheet and revised sport supplement to all member or hosted colleges that sponsor that sport one week prior to the scheduled assembly meeting.

C. The administrative representative will make sure the supplement and schedule are included on the consent agenda at the designated conference meeting.

D. Once approved by the conference assembly, final approved copies of the sport supplement shall be distributed to all member or hosted colleges that sponsor that sport.

E. All sections of the supplement and cover sheet must be dated and identified as draft/approved in the upper right hand corner.

Section 6 College/Competition Venue Information

A. It is the responsibility of the host college athletic director to distribute/competition venue information to all conference and hosted colleges.

B. The following items should be addressed:

1. directions to campus/competitive venue
2. map
3. parking regulations/permits or other campus site regulations
4. dressing room accommodations
5. equipment and supplies provided
6. contest supervision specifics
7. athletic training services
8. emergency contact information

Section 7 Decorum

A. General decorum, including playing within the rules, showing good sportsmanship, treating players, coaches, officials and fans with respect, and conducting all activities with "class" and professionalism, is the responsibility of all participants of both the host and visiting colleges. Decorum at California community college events is the responsibility of all participants. Decorum rules apply to all conference and non-conference contests. Individual sport supplements may be more strict, but not more lenient, than the decorum rules listed in Article IX of the Big 8 Constitution/By-Laws.

- B. The responsibility for the on-site enforcement of decorum shall be specifically addressed within each sport's supplement.

Article 2 WRESTLING

Section 1 Personnel and dates for upcoming season

- A. Sport chair: David Pacheco (Sacramento City College 2008-09)
- B. Fall meeting date/location
1. The coaches will meet in the fall at the Northern California Regional.
- C. Spring meeting date/location
1. The coaches will meet in the spring at the high school state tournament championships.
- D. Season start dates
1. Practice-per CCCAA By-Law 3.5.1
 2. Conference competition-per CCCAA By-Law 3.11
 3. Number of contests-16 dates maximum

Section 2 Schedule/Competition Format

- A. Format
1. The conference schedule shall be a single-round dual schedule.
 2. Number of matches/games/entries.
 - a. A maximum of 16 dates may be scheduled
 - b. The following weight classes are official in all dual, regional, and state competitions: 125, 133, 141, 149, 157, 165, 174, 184, 197 and heavyweight max. is 285 lbs. (NCAA approved scratch weight).
- B. Dates/Times: All dual meets will start at 7:00 p.m. unless agreed upon by both coaches.
- C. Changes in schedule-suspended games, defaults, make-up games, natural disasters, facility problems, transportation problems, etc. shall be agreed upon by both coaches. *After there is agreement between the coaches, the Athletic Director at each College involved shall be notified and must approve the change. The Athletic Director of the program initiating the change, or the hos institution Athletic Director if it is a mutual decision, will notify the Conference commissioner, stating the rationale for the change. The commissioner will approve or disapprove the change. The Athletic Director at the school initiating the change (or the host institution Athletic Director if it is a mutual decision) will then notify the rest of the Conference Athletic Directors.*

Section 3 Rules of Competition

- A. Rules Guidelines: NCAA wrestling rules will govern conference competition unless the state athletic code has a rule to the contrary.
- B. Minimum number of participants/forfeits

1. All teams must have five or more competitive wrestlers in order to have a bona fide match or they must call for verification and forfeit the match.
- C. Special considerations (weigh-ins, exchange of rosters, etc.)
1. An official weigh-in roster must be exchanged between the coaches before the weigh-ins for each match. NCAA rules for weigh-in procedures will be followed.

Section 4 Decorum

- A. Responsibility for reporting and identifying potential violations: An On-Site Administrator will follow procedures per CCCAA Constitution By-Law 4.3.
- B. On-site supervision: Athletic Director or other designated supervisor.
- C. Player conduct: Each coach shall insure acceptable professional behavior of himself and team members. General conduct should reflect standard ethical and educational values. A congenial manner to include the acknowledgement of visiting coaches and team members should be standard mandatory procedure for all host colleges. Coaches should limit comments to their own team.

Section 5 Conference Championship

- A. Determination of champion.
1. The Conference Championship shall be determined by the best win-loss record of the Big 8 Conference dual meet schedule. If there is a tie in records, it will be determined as a co-championship. The trophy will go to the winner of the head-to-head competition. If there is a three way tie, the team with the most points scored against the other tied teams will be awarded the trophy. If there is still a tie, the team with the least points scored against them by the other tied teams will be awarded the trophy.
 2. In the case of a tie in a dual match, the winner of the match will be decided by the NCAA rulebook 4.12: Breaking Team Ties in Dual-Meet Advancement Tournaments.

Section 6 Officials

- A. One official will be assigned for each dual meet competition. The host school is responsible for providing the official.
- B. Qualification/officials group-(Note: If there is a conference officials' contract, then it must be approved by the conference assembly and commissioner). Conference wrestling matches will be refereed by certified officials. The home school will assign the official. Certified officials will meet the recommendations by the California Community College Wrestling Coaches Association.

Section 7 Statistics

- A. College responsibilities: The host school's head coach will report match results to the Big 8 Conference representative via fax or email after the competition.
- B. The host school's head coach will report match results to the Big 8 Conference Statistician/Webmaster via fax or email after the competition.

Section 8 Awards

- A. All conference team selection.
 - 1. Best record in the weight class.
 - 2. Sixty percent of the league matches must be in the weight class.
Currently, the wrestler must compete in a minimum of four conference matches at the same weight division.
 - 3. Head-to-head competition.
 - 4. Best overall record in conference dual matches, in all weights.
 - 5. One all-conference per weight class: gold certificates (ten total).
 - 6. One second team all-conference per weight class: silver certificates (ten total).
- B. One Outstanding Wrestler Award within the conference.
 - 1. The athlete will be chosen by coaches voting. The voting will be:
1st place vote=3 pts.; 2nd place vote = 2 pts.; 3rd place vote=1 pt.
- C. Academic All-Conference
 - 1. Freshmen must have completed at least one season of competition with a minimum of 24 units completed from the beginning of their season of competition in wrestling. 18 of those 24 units must be academic units. Must have a minimum of a 3.0 G.P.A. in the above units.
 - 2. Sophomores must have competed for two (2) seasons and attended school in that season. Completed a minimum of 12 units, 9 of those units must be academic. Upon completion of the second season, a total of 36 units must be completed, 27 of those units must be academic. Must have a minimum of a 3.0 G.P.A. since the first season of competition.
 - 3. All wrestlers who competed in a minimum of 10 matches qualify.
- D. Coach of the Year Award shall be voted on by the head coaches at the end of the season. The voting will be:
1st place vote = 3 pts.; 2nd place vote=2 pts.; 3rd place vote=1 pt.