

**NorCal Cross Country Rankings
Week #1**

Women

1. Diablo Valley
2. American River
3. Modesto
4. Sierra
5. De Anza
6. Hartnell

Men

1. American River
2. Fresno
3. West Valley
4. Hartnell
5. Sequoias
6. Las Positas
7. Diablo Valley
8. De Anza
9. Butte
10. Sacramento