

**Big 8 Conference
Women's Cross Country
Athlete of the Week
Week #2 – 9/15/07**



Crystal Buck – American River

Sophomore, Krystal Buck-ARC (former Bella Vista H.S.) led her American River College Cross Country Squad to a 1st place finish vs. Northern California colleges and 10th place overall in the Fresno Invitational on Sat. 9/15. Buck covered the 5K course in 20:22 for a 23rd overall finish in the field of nearly 200 runners from throughout the state.